THE CRYSTAL BALL

Focus: Motivation, Positive Thinking

Time: 15-20 minutes

Objectives:

1. Recognize the power of positive thinking
2. Appreciate the importance of group goals

Materials needed:

- Copies of crystal ball picture for each team
- Paper and pencils for participants

Introduction:
The power of positive thinking works. A positive attitude about group goals will act as a catalyst in getting members motivated, keeping them involved, and moving goals forward. Positive reinforcement of group members is essential to the achievement of group goals.

Directions:

1. Divide participants into teams of three to five persons.
2. Each team should select one member to be the “Fortune Teller.”
3. Instruct the Fortune Tellers to put one hand on the crystal ball, and point to a person on the team as the “Chosen One.”
4. The Chosen One places their hand on the crystal ball and invites all team members to also place their hands on the crystal ball. For the next minute, all team members envision a bright future for The Chosen One.
5. The Fortune Teller asks the Chosen One what he/she saw and asks other team members to add more details.
6. Time permitting, The Chosen One then assumes the role of the Fortune Teller, and the team repeats steps 3-5. The cycle repeats until all team members have had a turn at being The Chosen One.
7. Ask for a brief report from a representative of each team, and lead a discussion about the motivating power of visualizing a bright future.

Discussion Questions:

1. What bright future did each team see?
2. How did it feel when team members focused on your future?
3. Why is it important to visualize a bright future?
4. How is this important to the department?
5. What bright future(s) should the department visualize and work towards?
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